

Amanda Arlauskas (Biggest Loser)

- 3rd place Finalist on The Biggest Loser Season 8 - Lost 87 pounds during her tenure on the show
- Currently studies Nutrition/Personal Training

When 19 year old Amanda Arlauskas lost 87 pounds on television's Biggest Loser, people started to notice her. It was then that Amanda decided to do something positive with her new found fame, and turned to motivational speaking. Now, at 20, Amanda tours colleges and universities across the United States giving talks on women's health, weight issues, and the transition from adolescence into adulthood. Having found her calling, Amanda is at her happiest when she's in front of the crowd, and the combination of her smile and positive attitude are truly an inspiration. With big plans for the future as well, Amanda spends her free time studying Health, Nutrition and Personal Training. Her goal, she says, is to one day open a gym.